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**Rest for the People of God**

“Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it. <sup>2</sup> For we also have had the good news proclaimed to us, just as they did; but the message they heard was of no value to them, because they did not share the faith of those who obeyed. <sup>3</sup> Now we who have believed enter that rest, just as God has said, “So I declared on oath in my anger, ‘They shall never enter my rest.’” And yet his works have been finished since the creation of the world. <sup>4</sup> For somewhere he has spoken about the seventh day in these words: “On the seventh day God rested from all his works.” <sup>5</sup> And again in the passage above he says, “They shall never enter my rest.” <sup>6</sup> Therefore since it still remains for some to enter that rest, and since those who formerly had the good news proclaimed to them did not go in because of their disobedience, <sup>7</sup> God again set a certain day, calling it “Today.” This he did when a long time later he spoke through David, as in the passage already quoted: “Today, if you hear his voice, do not harden your hearts.” <sup>8</sup> For if Joshua had given them rest, God would not have spoken later about another day. <sup>9</sup> There remains, then, a Sabbath-rest for the people of God;<sup>10</sup> for anyone who enters God’s rest also rests from their works, just as God did from his.<sup>11</sup> Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience. <sup>12</sup> For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. <sup>13</sup> Nothing in all creation is hidden from God’s sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.”

Hebrews 4:1-13

**FOR YOU:** The Bible promises that this superior covenant states that, God's people have to take rest relying on word of grace while enjoying their heritage.

The Greek word ANAPAUÓ means to give rest. “Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.” (Matthew 11:29)

## **REST REGARDING SALVATION**

- On his own will made us reborn by the word. (James 1:18)
- By his grace and faith saved us. (Ephesians 2:8)
- By one sacrifice in improved us. (Hebrews 10:14)

## **REST IN THE SPIRIT OF LIFE**

- The anointing is on us. (1 John 2:26-27)
- The promises belong to us. (2 Peter 1:3-10)
- We are ready. (Colossians 2:10)
- The Spirit is not by measure. (John 3:34)

## **REST IN THE SPIRIT OF FRUIT**

- Himself makes the complete works. (1 Peter 5:10)
- He makes the will and to perform. (Philippians 2:12-13)
- Led by the Spirit. (Galatians 5:18)
- The Spirit cries out. (Galatians 4:6)

## **REST IN THE SPIRIT OF MINISTRY**

- The ministry of the Spirit is glorious. (2 Corinthians 3:5-8)
- In my name will do wonders. (Mark 16: 17-18)

- I will be with you forever. (Matthew 28:20)
- The Comforter will be forever. (John 14:16)

## **OLD TESTAMENT SCRIPTURE THAT PROMISE HOME**

- “In repentance and rest is your salvation, in quietness and trust is your strength”. (Isaiah 30:15)
- “Walk in it and find rest for your souls”. (Jeremiah 6:16-19)
- “You shall go out with joy and be led forth in peace...” (Isaiah 55: 1-13)
- “They shall be my people, and I will be their God.” (Ezequiel 11: 19-20)
- “Wicked fools will not go about on it...” (Isaiah 35:8)

**FINAL WORD** – The fourteen apostles of Paul have revealed the mystery of the word through their predestined wisdom. Their knowledge brings sound doctrine, and filters the Bible.